

MOVE THE MOUNTAIN™

79 Miles. \$79 Million. A transformational movement for the future of women's health.

79

MILES CLIMBED BY
DR. VONDA WRIGHT

\$79M

FUNDRAISING GOAL FOR
WOMEN'S LONGEVITY
RESEARCH

<1%

NIH RESEARCH FOCUSED
ON WOMEN IN MIDLIFE

31%

ESTIMATED FURTHER
DECLINE
IN WOMEN'S RESEARCH
FUNDING

Stand with Dr. Vonda Wright to help build the future women deserve.

Women are living longer, but too many are spending those additional years navigating preventable decline, immobility, frailty, and loss of independence. Despite affecting half the population, women's health and aging research have historically remained underfunded, under-prioritized, and too often treated as a niche category rather than one of the defining health opportunities of our time.

<1%

of NIH-funded research is focused on women in midlife and beyond — with an estimated further decline of 31%.
The science has existed for decades. The funding has not.

Dr. Vonda Wright has spent more than twenty-five years working at the intersection of orthopedic surgery, performance, mobility, women's health, and longevity. Her work has focused on the musculoskeletal system — the interconnected system of bone, muscle, cartilage, tendon, ligament, and connective tissue that ultimately determines whether women remain active, capable, independent, and fully engaged in life as they age. That work has also led her to one of the most overlooked and underfunded drivers of female longevity: **the aging ovary** — a central regulator of women's health that influences cardiovascular, neurological, metabolic, immune, and musculoskeletal function across the lifespan.

THE CAMPAIGN

MOVE THE MOUNTAIN™ was created to change that reality. Through a 79-mile mountain endurance challenge, Dr. Vonda is launching a public movement to raise **\$79 million — \$1 million for every mile** — to establish a permanent philanthropic and scientific platform for women-focused aging research through **The Vonda Wright Women's Health Foundation**. Anchored at the world-renowned Buck Institute for Research on Aging, the Foundation unites world-class science, public advocacy, visionary philanthropy, and Dr. Vonda's national platform to accelerate a new era in women's health and longevity. This is where a globally respected research institution and a trusted national voice come together around a shared mission: helping women live stronger, healthier, more independent lives for longer.

LEADERSHIP PHILANTHROPY CAN HELP

- ▶ Advance bold research initiatives focused on women's healthspan, mobility, prevention, and ovarian aging
- ▶ Build long-term scientific and philanthropic infrastructure dedicated to women-focused aging research
- ▶ Accelerate national awareness around the importance of women's longevity science
- ▶ Create named programs, initiatives, and research opportunities that establish enduring impact and legacy
- ▶ Help ensure future generations of women inherit better science, better prevention, and better possibilities

Every gift at every level funds a mile of science — and a mile of possibility for every woman who comes after us. The following leadership opportunities create lasting impact within The Vonda Wright Women's Health Foundation at the Buck Institute.

Mile Champion	\$1,000,000	Provides catalytic support for priority research and symbolically funds one mile of the 79-mile campaign.
Discovery Catalyst	\$2,500,000	Supports a multi-year initiative advancing women-focused aging science and prevention research.
Legacy Founder	\$5,000,000+	Establishes a named initiative, scholar, or major program within The Vonda Wright Women's Health Foundation at the Buck Institute.
Summit Founder	\$10,000,000+	Creates enduring capacity for a major area of women's health and longevity research.
Visionary Founder	\$25,000,000+	Builds transformational capacity across people, programs, partnerships, and platforms that can shape the future of women's health for decades to come.
Mountain Builder	\$79,000,000	Completes Dr. Vonda's full campaign vision: \$1 million for every mile and a landmark investment in the future of women's health.

The mountain is real. The climb is real. The mission is real.
This is an invitation to stand with Dr. Vonda — and help build a future where women live stronger, healthier, and more fully for generations.

This is where a globally respected research institution and a trusted national voice come together around a shared mission: helping women live stronger, healthier, more independent lives for longer.

MAJOR GIFT PARTNERS RECEIVE

- ✓ A personal conversation with Dr. Vonda Wright and Buck Institute leadership
- ✓ A tailored philanthropic proposal aligned with your interests and legacy goals
- ✓ Meaningful recognition through the Foundation and the campaign
- ✓ Ongoing updates on the research and movement your generosity makes possible

About Dr. Vonda Wright™: Double-board certified orthopedic surgeon, researcher, author, and nationally recognized advocate for women's performance, mobility, health, and longevity.

About the Buck Institute: Dedicated to ending the threat of age-related disease and extending the healthy years of life.

**THE MOUNTAIN IS REAL.
 THE CLIMB IS REAL.
 THE MISSION IS REAL.**

TO DISCUSS A LEADERSHIP GIFT

Dr. Vonda Wright
vonda@vondawright.com

Lisa Palma, Buck Institute
lpalma@buckinstitute.org