



**Board of Trustees Meeting  
Thursday, March 14, 2024  
Crawford Cooley Conference Room / ZOOM**

**Members Present:** Dick Bodman, Matt Carbone, Anisya Fritz, David Gensler, Mike Ghilotti, Lydia Graham, Jim Henry, John Jack, Jill Kinney, Blair LaCorte, Lizellen La Follette, Sarah Marsey, Afaf Meleis, Lilian Shackelford Murray, Dottie Dutton, Bill Poland, Steven Read, Lew Reid, Robert Rosenkranz, Jack Rowe, Fred Steck, Richard Stone, Eric Verdin, Paul Verkuil, Wells Whitney

**Others Present:** Nancy Derr, Irene Emma, Remy Gross, Gordon Lithgow, Meagan Moore, Juniper Pennypacker, Nathan Price, Robin Snyder, Brian Van Weele

**MINUTES**

**I. Call to Order**

A quorum was confirmed and the meeting began at 9:06am.

**II. Institute Updates**

Eric Verdin provided an overview on the current state of the Buck Institute. Eric discussed financial restructuring, governance enhancement, increased grant activity, and restricted/unrestricted funding needs.

**III. Presentation by Nathan Price, PhD**

Nathan Price presented on the future of health and aging.

**IV. "News You Can Use"**

Eric Verdin presented on the health benefits of hot saunas and cold plunges.

**V. Committee Reports**

Jim Henry and Nancy Derr presented the detailed financial report to the Board.

The meeting adjourned at 12:07 pm.